

YOUTH EXCHANGE ERASMUS+



“Democracy's strength”

Magliano Sabina (Italy)

10-17 November 2022



PROJECT'S DESCRIPTION:

In these last years populism has grown in many European countries, in France, in Italy, in Greece, in Poland or in Germany, often also with a strong anti-European feeling, xenophobic and authoritarian characteristics. In 2017, Pope Francesco warned the Europeans saying that "populism leads to totalitarianism". Is democracy in danger? Is the European Union in danger? Another issue not to be underestimated is the recent past of our continent, a terrible world war ended in 1945 and the bloody communism of the Eastern European countries seem distant memories and people forget quickly. According to recent surveys, parties with a populist approach in Hungary have more than 60% of preferences among electors, in Romania is 25%, in Italy the populist party risks to win easily the next elections and in Belarus there is a 30-year-old long dictatorship. And we even didn't mention what happened in USA or the recent war in Ukraine where that nation and its people are fighting to preserve its democracy and the democratic European values.

- Project' objectives -

- to make young people in our local communities understand the importance of a democratic system and risks that populism can bring (authoritarianism, totalitarianism etc);
- to contribute to youngsters' understanding of the EU, its history, diversity and raise awareness of remembrance, common history and values and the aim of the EU;
- to increase the participants' democratic dimension and feel them more European.

The project will touch and it will examine issues such as active citizenship, democracy, promote democratic participation of young people, increase their international dimension, raising awareness for social issues such as solidarity, respect, tolerance and sharpen tools such as dialogue, listening skills and empathy. The youth exchange, moreover, will lead participants to acquire a better knowledge of our recent past through analysis, debates, presentations and exchange of ideas and opinions that will serve to carry participants not only in a national dimension but even in the European one.

Through the planned activities, we will try to develop in the participants, competences like analytical skills and critical thinking, increase their sense of self-empowerment and self-esteem, to understand and appreciate the diversities, to use the dialectic as a proactive tool, transmitting to them the importance of non-formal methodology.



ORGANIZATIONS INVOLVED:

Hungary : Nyíregyházi Diákpolgármesteri Iroda



Italy : Gentle Giant



Turkey : Izmir Italian Kültür Merkezi



Slovenia : Epeka



PARTICIPANTS:

Twenty participants will take part in this exchange. Five for each organization include a group leader. Range age should be preferably from 20 to 26 years old, group leader age should be preferably between 30 and 50 years old. Group leader must have experience in youth mobility, reliable, responsible and be able to speak a good English.

Important, for the sending partners:

Due to the particular topic, we need extremely motivated participants.

We are not looking for internet and social media addicted, lazy participants or people who believe that this project is a holiday paid by European Union.

We are looking for motivated people, willing to learn more about the topic, take part in every activity, open mind and eager to meet new people and cultivate new friendships!

We recommend to participants to bring something of traditional related to your country (for the intercultural night) and a presentation of your NGO.



LOCATION:



The youth exchange will be held in Magliano Sabina, in Italy.



Magliano Sabina is a municipality in the Province of Rieti in the Italian region Latium, located about 50 kilometres (31 mi) north of Rome and about 30 kilometres (19 mi) west of Rieti. As of 31 December 2004, it had a population of 3,829. The municipality has a rich history, since the roman era and an extraordinary food tradition, especially that one connected with olive oil.





ACCOMMODATION



The accommodation will be in the following hotel:

[EcOstello Magliano Sabina](#)

www.ostellomaglianosabina.it

Via M. Falconi, 2 - 02046 Magliano Sabina (RI)



As for your accommodation, you will be placed in four-bed and six bed rooms. Every room has a private bathroom and bed lines are included. Meals will be provided in the structure. All expenses as regards travel (according to the framework of Erasmus+), meals, accommodation and visa are provided by the program!

It is very simple to reach Magliano Sabina. We suggest you to land in Rome.

From **Fiumicino airport**, take the train and stop in “Civita Castellana-Magliano”. From the airport there are many direct trains (the last one around 21:00) and the route takes 2 hours at around € 11,00.

From Ciampino airport, take a shuttle bus (Terravision, SIT or Schiaffini) to Roma Termini, ticket costs around €6. From Termini take a subway to Roma Tiburtina (€1,50) and once you arrived in Tiburtina train station take the train to “Civita Castellana-Magliano”.

Here the website of Italian railway www.trenitalia.com



REIMBURSEMENT:



The tickets have to be booked by the participants themselves.

In order to receive the reimbursement you need to provide hosting organisation with: bills, booking e-mail confirmations, original tickets, invoices and boarding passes (if you have online tickets and boarding passes in pdf, it is fine, if you do not have – we need all originals). Bring them for the activity!

- ▶ Reimbursement will be done in EUR within 5 weeks after the activity by bank transfer to your organization bank account.
- ▶ Reimbursement will be transferred only if all participants provide all needed documents and the group leader provide to fill the evaluation form.
- ▶ Participant is eligible to travel up to one days before OR after the activity days. Accommodation and food is not provided during your private stay.
- ▶ Participants cannot travel with first class. Only in certain cases is possible to use taxi or travel by car but you must contact the project coordinator first.

Before buying tickets, you are obligated to present and consult the travel plan and expenses with the project coordinator. Following the Erasmus+ rules we remember you that for all the partners here involved, max travel costs reimbursement is €275,00/person. For Italians is €25,00/person.



- During the project, the participants will provide to cook the dinner for themselves. The dinner will be part of the intercultural night and participants will cook their national dishes (we need to know your ingredients' recipe one week before the exchange will take place!). Consider that the meal must be for 20 persons, so take care about the quantity of the ingredients. We recommend to you to do not cook some sophisticated dishes, make it simple but good! The Italian organization will provide to buy all the ingredients. Participants will take care of the cleanliness of their silverware and dishes during the dinner and their rooms.

- The breakfast is Italian; it means it will be sweet.

- Due to the structure of the project, we cannot accept vegans. There will be not halal food and there will be dishes cooked using also pork meat.



INSURANCE:



We advise all participants that they will need to arrange their own travel insurance. European Health Insurance Card is mandatory to have.
<http://ec.europa.eu/social/main.jsp?catId=559>

PHOTOS AND VIDEO AGREEMENTS

We assume you are aware that this kind of projects are not only for direct participants itself but should be available to the bigger audience and all interested target groups, youth workers and NGOs. That is why we will take a lot of pictures of you and record videos with you during workshops. All mentioned will be posted on FB event, website of the project and Youtube channel.

By participating in the project, you are aware and you consent to the publication of photos and videos in which you are present.

TASKS:



- To prepare a presentation of your organization (short video, power point, brochures and so on) as part of the NGO fair during the mobility week;
- To prepare your intercultural night, we recommend you to bring some typical products from your nation/town (food, beverage gadget and so on) and select/prepare short videos and funny activities for that night.
- Send to the Gentle Giant, maximum one week before the project, the ingredients list for your national dinner.

CONTACTS:



Associazione culturale Gentle Giant acgg@outlook.it
Roberto Aceti acgg@outlook.it

 [gentlegiantorganization](https://www.facebook.com/gentlegiantorganization)
+39 334 8287375 (facilitator)