



YOUTH EXCHANGE ERASMUS+



MAGLIANO SABINA, 7 - 14 Aprile 2024

"Eco-youth"

Magliano Sabina (Italy)

7-14 April 2024



PROJECT'S DESCRIPTION:

The theme that this youth exchange aims to address is the environmental one, particularly its protection through increased awareness among young people. The environmental issue has become highly topical in recent years thanks to people like Swedish activist Greta Thunberg and Brazilian Catarina Lorenzo, who have played a significant role in raising public awareness in this regard. However, there is still much to be done to try to preserve the environment. First of all, we should change ourselves: this is probably the biggest and most difficult challenge to face. We need to change our behaviors, our attitudes, our daily habits, and even the economic system. It's a very difficult challenge but not impossible: through the philosophy of "small steps" and thanks to the opportunities that the European Union makes available to the community, there is a chance to change ourselves first, particularly the people involved in this project, trying to stimulate consciences and develop a more ecological and conscious attitude. The time we have is running out, the global situation is dramatic, and we must act now because tomorrow will be too late.

- Project' objectives -

The objectives of the exchange can be summarized as follows:

- Raising awareness on the environment issue;
- Developing an eco-friendly attitude in daily life and reducing our impact on the environment;
- Sharing experiences, opinions, approaches, information and examples of good and bad practices related to the environmental issue;
- Applying the 3R philosophy (reduce, reuse, recycle);
- Encouraging young people to a more active and conscious social life (active citizenship);
- Promoting intercultural dialogue, sense of European belonging and Erasmus+;



ORGANIZATIONS INVOLVED:

Hungary  : Európai Fiatalokért Egyesület



Italy  : Gentle Giant



Turkey  : Izmir Italian Kültür Merkezi



Slovenia  : Epeka



Romania  : Go for it



PARTICIPANTS:

25 participants will take part in this exchange. Five for each organization include a group leader. Range age should be preferably from 20 to 26 years old, group leader age should be preferably between 30 and 50 years old. Group leader must have experience in youth mobility, reliable, responsible and be able to speak a good English.

Important, for the sending partners:

Due to the particular topic, we need extremely motivated participants.

We are not looking for internet and social media addicted, lazy participants or people who believe that this project is a holiday paid by European Union.

We are looking for motivated people, willing to learn more about the topic, take part in every activity, open mind and eager to meet new people and cultivate new friendships!



LOCATION:



The youth exchange will be held in Magliano Sabina, in Italy.



Magliano Sabina is a municipality in the Province of Rieti in the Italian region Latium, located about 50 kilometres (31 mi) north of Rome and about 30 kilometres (19 mi) west of Rieti. As of 31 December 2004, it had a population of 3,829. The municipality has a rich history, since the roman era and an extraordinary food tradition, especially that one connected with olive oil.





ACCOMMODATION



The accommodation will be in the following hotel:

[EcOstello Magliano Sabina](#)

www.ostellomaglianosabina.it

Via M. Falconi, 2 - 02046 Magliano Sabina (RI)



As for your accommodation, you will be placed in four-bed rooms. Every room has a private bathroom and bed lines are included. Meals will be provided in the structure. All expenses as regards travel (according to the framework of Erasmus+), meals, accommodation and visa are provided by the program!

It is very simple to reach Magliano Sabina. We suggest you to land in Rome.

From **Fiumicino airport**, take the train and stop in “Civita Castellana-Magliano”. From the airport there are many direct trains (the last one around 21:00) and the route takes 2 hours (it costs around € 11,00). Once in Magliano train station, there will be a public bus stopping 100m faraway the hostel.

From **Ciampino airport**, take a shuttle bus (Terravision, SIT or Schiaffini) to Roma Termini, ticket costs around €6. From Termini take a subway to Roma Tiburtina (€1,50) and once you arrived in Tiburtina train station take the train to “Civita Castellana-Magliano”.

Here the website of Italian railway www.trenitalia.com



REIMBURSEMENT:



- ▶ The tickets have to be booked by the participants themselves.
- ▶ Reimbursement will be done when the Italian organization will receive:
 - group leader report;
 - all the travel tickets from national groups;
 - the participants dissemination (include one post before and one after the project on their social, final video dissemination and interview dissemination);
 - organization dissemination (include one post before, during and after the project on their social/website , final video dissemination and interview dissemination).
- ▶ Reimbursement will be done immediately after we will receive all the material previously listed. It will be done to your organization bank account.
- ▶ Participant is eligible to travel up to one days before **AND** one day after the activity days. Accommodation and food is not provided during your private stay.
- ▶ Participants cannot travel with first class. Only in certain cases is possible to use taxi or travel by car but you must contact the project coordinator first.
- ▶ Before buying tickets, you are obligated to present and consult the travel plan and expenses with the project coordinator. Hungary and Slovenia they have green travel so they should reach Magliano avoiding airplane. Their reimbursement is €320,00/person. For Romania and Turkey is €275,00/person, Italy €50,00/person.



- ▶ During the project, the participants will provide to cook the dinner for themselves. The dinner will be part of the intercultural night and participants will cook their national dishes (we need to know your ingredients' recipe one week before the exchange will take place!). Consider that the meal must be for 25 persons, so take care about the quantity of the ingredients. We recommend to you to do not cook some sophisticated dishes, make it simple but good! The Italian organization will provide to buy all the ingredients. Participants will take care of the cleanliness of their silverware and dishes during the dinner and their rooms.
- ▶ The breakfast is Italian; it means it will be sweet.
- ▶ Due to the structure of the project, we cannot accept vegans. There will be not halal food and we strongly suggest to avoiding participants with severe food allergies and/or intolerance!



INSURANCE:

We advise all participants that they will need to arrange their own travel insurance.

European Health Insurance Card is mandatory to have.

<http://ec.europa.eu/social/main.jsp?catId=559>

PHOTOS AND VIDEO AGREEMENTS

We assume you are aware that this kind of projects are not only for direct participants itself but should be available to the bigger audience and all interested target groups, youth workers and NGOs. That is why we will take a lot of pictures of you and record videos with you during workshops. All mentioned will be posted on various social media, website and Youtube channel.

By participating in the project, you are aware and you consent to the publication of photos and videos in which you are present.

TASKS:



- ▶ To create a short report (video, PowerPoint or photos) that illustrates, through also numbers and statistics, the situation in their respective areas of origin: about environmental criticalities or virtuous behaviors. This report will be showed and discussed during the Magliano's week as part of one activity;
- ▶ Intercultural evening preparation, the participants will have the task of freely preparing and managing their intercultural evening, which will include the dinner. They will define a small timetable with the activities to carry out. They will be able to be projections of videos, games, quizzes, dances, music and anything else that can be useful for the success of the event. Furthermore, we recommend you to bring some typical products from your nation/town (food, beverage gadget and so on);
- ▶ "NGO FAIR" the national groups will have the task to introduce their organizations to the others during the mobility week (to strengthen international cooperation between the ngo here involved) sharing their histories, missions and whatever could be interesting to know. They can use brochures, flyers, power point presentation and so on.
- ▶ To prepare one energizer
- ▶ Send to the Gentle Giant, maximum one week before the project, the ingredients list for your national dinner.

CONTACTS:



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